Why Attend?

The Connecticut State 4-H Horse Advisory Committee thought it would be beneficial to offer mounted clinics as a new program this year. This non-competitive educational opportunity brings together youth and their mounts with some of the top trainers in the area.

Our goal is not only to improve the skill of our 4-H riders but also to expose them to different ideas, training methods and people thus broadening their knowledge and points of view.

Attendees of both the Clinics and Demonstrations are strongly encouraged to ask questions, and be as engaged in the program as possible. We do ask if youth are attending with a trainer or teaching parent—that they do not disrupt the learning situation. The clinics are for the riders, if adults have questions they can ask the clinician at a later time in the day.

Registration fees today will help defray program costs and any additional funds will go directly back into the State-wide 4-H Horse Program. Your attendance this year could be critical to this event continuing.

If you have questions about the 4-H Horse Program please call Emily McCabe Alger at 860-345-4511 or email her at emily.alger@uconn.edu

ADDITIONAL CLINIC RULES

- All 4-H Riders and Open Riders under the age of 18 must wear an ASTM/SEI approved helmet regardless of discipline when mounted.
- All horses should be properly vaccinated.
- Current (within 12 months) Rabies and Coggins Certificates must be shown upon arrival.
- All Walk-trot riders MUST ride in denoted Walk-trot clinics.

**Session Schedule**

**Clinics**

- Pilates—Ring 1—9:00 a.m.
- Gymkhana—Ring 2—9:00 a.m.
- Beginner Trail—Trail Area—9:00 a.m.

- Jumping—Ring 1—10:30 a.m.
- Showmanship—Ring 2—10:30 a.m.
- Intermediate Trail—Trail Area—10:30 (very limited loping)

**Lunch**

- 12:00—1:00
  - Walk Trot—Ring 1—1:00 p.m.
  - Horsemanship and Equitation—Ring 1—1:00 p.m.
  - Advanced Trail—Trail Area—1:00 p.m.

**Demos**

- Preparing for Horsemanship & Equitation patterns—9:00 a.m.
- How to fill out your Eastern States Application—10:30
- Parent Q & A about Eastern States—1:00

Please see insert for official Clinic & Demonstration Registration Forms as well as other important information.

**Deadline for Registration**

- April 10, 2009
Clinicians and Demonstrators

Whitney Lagace — Showmanship & Western Trail (3 levels)
Whitney is also a former 4-H member and has been in the professional horse business for 18 years. She currently co-owns Whitney Ridge Stables, in Durham Connecticut. Whitney is an excellent teacher and her barn caters to children, where her knowledgeable and friendly staff (who all were former 4-H members) teach the lesson program clients and assist with the daily training. Whitney works directly with the experienced youth who are ready to move onto the breed show circuit. She is on the CTQHA Board of Directors and on the Region 6 AQHA Board of Directors, where she is an advocate for youth programming.

Alexander Family - Horsemanship & Equitation Patterns
Barbara, Leslie and Kyle Alexander are accomplished horse women in Connecticut. They own a small farm and show primarily paint and pinto horses. Barbara has been a long time 4-H leader and still has an active club. Leslie shows and assists with judging locally. Kyle is the reining New England Paint Horse Association Queen. Their combined teaching talents will get you ready for the show pen and have you performing flawlessly.

Heidi Boggini — Mounted Pilates
Heidi is a certified STOTT PILATES instructor. She’s been teaching the Pilates Method of Conditioning since 2001. Heidi’s devotion to expanding her knowledge in Pilates comes from her personal passion for the method & her dedication to helping clients. Before Pilates, Heidi worked 15 years as a respiratory therapist. She has extensive knowledge in breath work as a function of exercise. Heidi specializes in working with riders, & is an avid rider. She always finds parallels between the Pilates Method & riding, and finds that Pilates conditioning helps improve strength, pelvic stability, and posture while on a horse. Heidi enjoys natural horsemanship and works often with centered riders. You will do both mat work and mounted work in this class. W/T/C riders only.

Sabrina Fecteau — Walk/Trot, Gymkhana and Showmanship
A Sabrina is a recent graduate of the University of Connecticut Equine Science Program. Her showing career started when she was very young, where she has successfully shown 4-H, and open hunt seat, hunters, jumpers and in the gymkhana events. Sabrina is a member of the Eastern States Delegation and is the acting Assistant Barn Manager for Connecticut. Sabrina’s bright smile and fun attitude make her an exceptional walk/trot and showmanship instructor. With her true love of Gymkhana on the schedule she will have all the game horses and riders ready to compete their very best in all the speed events. W/T/C riders only for Gymkhana.

Tiffany Hajdasz— Hunter/Jumper
Tiffany has over 30 years experience with Horses. She has been instructing since 1991. Her primary focus is Hunt Seat Equitation, specializing in kids and ponies. She is currently an instructor at Hunter’s Run Stables in Glastonbury CT. Tiffany tailors her instruction to the experience level both the horse and rider with an emphasis on confidence building. After warm-up based on principles of balance and suppleness, Tiffany will often incorporate gymnastics exercises for training and fun. She brings creativity and a positive approach to solving riding difficulties.

Preparing to Show Patterns - Jen Krist & Allie Leonard
Jen and Allie are both current 4-H members and very active in the 4-H community. They have shown very successfully at the local and regional 4-H shows such as the Big E. Both have experience showing at high level horse shows. Jen’s focus being in Showmanship, Horsemanship and Trail with CQHA and AQHA. While Allie’s focus has been in Hunt seat Equitation and Hunter Over Fences with CHJA and USEF. Both have years of experience memorizing and performing patterns and courses.

Preparing Your Eastern States Application - Emily McCabe Alger
Ever have questions about how exactly to fill out your ESE application? This is your opportunity to ask them all. Work with Emily to fill your application out correctly and precisely so that you are at your best advantage for making the delegation!

Preparing Your Eastern States Application — Carol Birdsey
Parents of potential ESE delegates should not miss this free Q & A session with Carol. She will review the ins and outs of the Eastern States Experience. This is your chance to truly understand how the program works, from selection to pick-up.
Fees and Registration

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<tr>
<th></th>
<th>4-H Member*</th>
<th>Open Rider</th>
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<tbody>
<tr>
<td>One clinic:</td>
<td>$40.00*</td>
<td>$45.00</td>
</tr>
<tr>
<td>Two clinics:</td>
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<td>$70.00</td>
</tr>
<tr>
<td>All Day:</td>
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<td>$90.00</td>
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*4-H members must show 2009 membership card
Make Checks Payable To: University Of Connecticut

Waiver of liability
I agree to hold the State 4-H Horse Advisory Committee, TAC Board and any of today’s clinicians free from any claims, demands or expenses that may be incurred by the horses entered by me.

Signature of Participant

Signature of Adult
If participant is a youth

I would like to register for the following clinics:
☐ Walk Trot Trail  ☐ Hunter/Jumping  ☐ Gymkhana
☐ Advanced Trail  ☐ Mounted Pilates  ☐ Patterns
☐ Intermediate Trail  ☐ Showmanship  ☐ Walk/Trot

Name
Address
Phone    Email

Total Payment:

Total # of Demos  ☐ 1  ☐ 2  ☐ 3

Deadline for Registration - April 10, 2009
No Onsite registration!
Demonstrations Registration

All the demonstrations and Q&A sessions we are offering today are free to attend - we do, however, need to know how many people to expect. This is a wonderful opportunity for parents or other adults (or age appropriate non-riding family members) to have a fun learning experience. It also provides the riders the opportunity to enjoy their clinic without pressure from the rail. We strongly encourage everyone to take advantage of at least one of the demonstrations.

Please register in advance!

| Demo 1 - Learning to Prepare for Horsemanship and Equitation Patterns |
| Demo 2 - Preparing your Eastern States Application |
| Demo 3 - Question and Answer for the Eastern States Program |

Name ____________________________
Phone ____________________________
Email ____________________________

Total # of Demos □ 1 □ 2 □ 3

Please register in advance!