Straightness Training (ST) is a training approach developed by Marijke de Jong of the Netherlands. The system works to create a more symmetrical horse that is both physically and mentally balanced. The five components of ST are groundwork, longeing, work in hand, riding and liberty work. Through a logical system of progressive gymnastic exercises, ST helps horses to develop into sound, strong, and willing partners that are capable of carrying a rider and progressing through the levels well into their late adult life. ST incorporates classical dressage work influenced by the writings of François Robichon de La Guérinière and Gustav Steinbrecht, zen philosophy, some concepts of natural horsemanship as well as modern training principles and biomechanics to improve both the physical body of the horse as well as the emotional and spiritual well being of the animal. Marijke’s system teaches riders how to better communicate with their horses and to become compassionate trainers with a good eye for understanding the horses physical body and equine behavior. For this reason, ST is an appropriate training approach for horses of all ages, breeds, and abilities. For more on Straightness Training go to www.straightnesstraining.com

1:00 Lecture/Demo: Natural Asymmetry of the Horse and Five Pillars of Straightness Training - Meg will discuss the 8 dimensions of natural asymmetry in the horse and then demonstrate with one of her horses some of the exercises and training involved in the 5 components (groundwork, longeing, work in hand, riding, and liberty) of ST work.

2:30 – 3:30 Lesson with 3 participants and their horses on basic groundwork exercises - Groundwork is the starting point for Straightness Training so in this lesson participants will learn the beginning exercises for ST work. Work will be done in a cavesson and single line provided by Meg. All ages and breeds of horses are welcome. All ages, background, disciplines, and experience levels of participants are welcome.

Sign up for a clinic under “2016 CT Horse Symposium” at: http://animalscience.uconn.edu/horseSymp/HorseSymposium.php

“An Equal Opportunity Employer and Program Provider”
Registration Form – Meg Brauch Clinics

Name: _________________________________________________________________

Address: ________________________________________________________________________________

Telephone: __________________________________ Fax: ________________________________

Email: ______________________________________________________________________________________

What You Would Like to Learn ________________________________________________________________

Session:

___Natural Asymmetry of the Horse and Five Pillars of Straightness Training

___Lesson with 3 participants and their horses on basic groundwork exercises 2:30-3:30

Amount included (please make check payable to University of Connecticut)

___$50 for riding in a session using your own horse, $35 for age 9-18, senior citizens

___$25 UConn students using their own horse

___$40 UConn student in practicum using a UConn horse

Name of Horse Requested (list more than one choice): ____________________________

___$70 ride in session using a UConn horse, not a rider in the Horse Practicum, must be able to walk,
trot, canter in control and sign a release form

___ $20 audit the entire day

___$10 audit M. Brauch only

___$10 for age 9-18, 4-H leaders/members; UConn students; youth groups, senior citizens

___ Total Amount Included

Equine Health Form for Visiting and Donated Horses must be completed and brought with you that
day including negative Coggins, a veterinary certificate if out of state, rabies within 1 yr – 28 days
prior, Eastern/Western/West Nile Virus/Tetanus/Flu/Rhino within 1 year and a 3 day temperature
log. You will not be allowed to unload your horse until we receive this paperwork.

ASTM/SEI approved helmets required for all participants as per UConn Horse Barn rules.

Dr. Jenifer Nadeau
Department of Animal Science, University of Connecticut
3636 Horsebarn Road Ex., Box U-4040
Storrs, CT 06269-4040

If there are any questions, please call Jenifer Nadeau at (860) 486-4471, FAX at (860) 486-
4375 or email jenifer.nadeau@uconn.edu. Must be received by 3/1/16.

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